Facts About Heart Fund

Sponsorship

The American Heart Association sponsors the Heart Fund through its 56 affiliates, most of them organized on a statewide basis. General Mark Clark, former Commander-in-Chief in the Far East, is chairman of the 1956 Heart Fund Drive being conducted in thousands of communities throughout the U. S.

Date

The Heart Fund drive opens February 1 and continues through February 29. High point of the drive will be Heart Sunday, February 26, when volunteers throughout the nation will call on their neighbors for contributions to the Heart Fund.

Slogan

"Help Your Heart Fund — Help Your Heart" is the slogan.

Objectives

The Heart Fund supports research, education and community heart programs aimed at reducing disability and death from the heart and blood vessel diseases.

Division of Funds.

Of the funds raised, the larger portion remains in the area of collection to support the programs of the state and local Heart Associations. The remainder goes to advance nationwide research, education and community service programs of the American Heart Association.

1. Research: More than 13,000,000 Heart Fund dollars have been channeled into research during the past seven years by the American Heart Association and its affiliates. Among the foremost research objectives is discovery of the basic causes of rheumatic fever, high blood pressure and hardening of the arteries which are responsible for most heart disease.

2. Education: The professional education program brings the latest research knowledge about the heart and its diseases to practicing physicians and related professional groups through publications of the American Heart Association, scientific meetings, films and other audio-visual aids. The public education program brings the essential facts about the heart diseases to the layman, helps to eliminate misconceptions and needless fears, and encourages early diagnosis and treatment.

3. Community Services: The aim of the community service program is to guard healthy hearts and to better enable heart sufferers to continue as productive members of society. The Heart Association is not a direct-aid organization; it helps people to help themselves.

National Organization

The American Heart Association (national offices at 44 East 23rd Street, New York 10, N. Y.), with affiliated heart associations, is the only national voluntary health agency devoted exclusively to combating diseases of the heart and circulation. Its program is supported entirely by contributions from the public.

In Fashion now

The growing trend in the fashion business is a result of busy, young American mothers who want to look attractive and yet wear clothes that are easily cared for.

Designers feel that the new and growing suburban type living, so popular in America today, is responsible for style performers that are great as to upkeep and budget because they are in a price range that young mothers can afford.

Raising a family requires a great deal of money and the moderately priced dress that looks like it cost more is what this group of young women are interested in.

Today a low price tag is no indication that quality should be down. Good wearability and fine dressmaker touches, such as lingerie tapes, lamicel belts that won't crush, removable collars and cuffs and detachable shoulder pads, can be found in the budget-priced dress.

The "more hat" look is definitely here for the spring and summer. It is hard to understand how this new look in millinery has taken such a hold on American women because it is not very flattering to most face types. Also, it is hard to wear as far as the over-all picture is concerned.

This large hat looks all right on the tall, slim, high-style beauty, but that leaves most of us out in the cold. However, it has been accepted and, flattering or not, it is the new look.

This new look has caught on in the new hat collections shown in Florence, Italy. A revival of the Garbo cloche in high-colored felts is next.

U. S. may build a land airstrip in Anartic.

Locust Grove

Locust Grove, Feb. 14.- Friends are sorry to hear of the illness of Mr. Reuben Bryant and wish for him a speedy recovery.

Mrs. Walker Beale and daughter spent the week-end in Clifton Forge and Covington visiting her parents, Mr. and Mrs. Ernest Harris.

Mrs. Lula Beale spent Wednesday with Mrs. Ethel Garrette. They attended the W. M. U. meeting in the afternoon, in the home of Mrs. Richard Smith. Had a good attendance. All were so glad to see Mrs. Smith getting on so nicely.

Friends are glad to hear that Miss Edna Megginson is getting on so well after a spell of flu.

Dinner guests Sunday in the home of Mr. and Mrs. Willie Beale were Mr. and Mrs. James Beale and daughters, Mary An and Karen; Mrs. Will Lovelace, of Lynchburg, and Bennie Beale.

Mr. and Mrs. Willie Beale and son, Walker were dinner guests in the home of Mr. and Mrs. Bennie Beale Friday.

The writer is sorry to hear of the death of Mrs. Sam Ferguson, and extends deepest sympathy to the bereaved family.

Friends are sorry to hear of Mrs. Bessie Cobb's illness.

A DRY JOKE

Oakland, Cal.- Whoever stole a beer truck and trailer recently ought to have a dry sense of humor. The cargo was 40,800 bottles—all empty.

Carver-Price School News

Hello Readers!

The results of the "Miss Carver-Price" Contest will be announced soon. On Wednesday, February 15, by 1:00 P. M., each home-room will make their final report, after which the reigning queen will be announced. Festivities for crowning the queen will take place at half - time during the basketball game between Waynesboro and Carver - Price next Tuesday night, February 21, at 8:00 P. M. Remember this date for an evening of enjoyment.

Monday night, February 13, the Varsity played R. R. Moton High, of Farmville, losing to them with the score 53-46. High scorer for Carver was George Jennings, center, with 22 points. Alphonso Dillard, William Bruce, and Raymond Lawing were next high scorers. High scorer for Moton was Arthur Terry, center, with 22 points. In the J. V. preliminaries between the schools, our Carver J. V.'s won by a score of 31-27. Alphonso Dillard made 11 points and George Wright 8 points. Nice going J.V.'s. There are two games scheduled to be played at home. Friday night is our next game, 7:30 P. M. the time.

The Senior Class and Mrs. H. P. James, Sponsor, have completed plans for their trip to Colonial Williamsburg, on March 15. Educational materials have been sent from Williamsburg for study by the class in preparation for the trip. Color slides, books, and folders seem of great interest to them. Their trip will begin at 6:00 A. M. that Thursday, with luncheon at 12:15 in the "Brick House Tavern," at Williamsburg, and a guided tour at 1:00 P. M., which will take approximately three hours. Seniors have invited members of the Junior class as their guests.

Last Tuesday, the Girls' Varsity played the All-Star Girls Team in the afternoon, with the All-Stars winning by a score of 34-31. The high scorer was Emmagean Patterson with 17 points. There are some good prospective players for next year's Varsity.

Until next week, our thought: "Build your castles, but remember dreams are not enough. Castles must be underpinned with sterner, stronger stuff .. Courage and determination, faith and energy. These we need to turn a dream into reality."

Third Accident Fatal

Ann Arbor, Mich.- When Charles H. Rose's car ran off a road, he called a wrecker. He was hitching a ride in the truck when it skidded off the road, knocking Rose unconscious. The truck driver called an ambulance. The ambulance, carrying Rose, collided with a car at an intersection and was wrecked. Another ambulance was called. Rose was dead on arrival at a hospital.

Traded Gun Kills Boy

New York.- Dino Cusumano, 15, traded a .22-caliber rifle to James Lehecka, 16, for a wristwatch. Three days later, while Dennis watched James clean the gun in his bedroom, the gun discharged, the bullet hitting Dennis in the chest, fatally wounding him. Lehecka told police he didn't know what he was doing because he never had handled a gun before.

fears, fables *and facts* about heart disease

"Most heart attacks are fatal." FACT After a heart attack, the majority recover to lead productive lives.

"You can't work if you have heart disease." FACT Most can still earn their living...often without changing jobs.

"Murmurs, chest pains and palpitations are sure signs of heart trouble." FACT Not necessarily ... only your doctor can tell.

"Nothing can be done about heart disease." FACT Some forms of heart disease can be prevented, some can be cured. Doctors can help almost all cases, especially if diagnosed early.

"Women with heart disease should not have children." FACT With proper medical care, most women with heart disease can have children safely.

...fight fears with facts...

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GREAT TV, FORD THEATRE, WSLS-TV, THURSDAY, 9:30 P. M.

over Hill

OVER HILL CLUB
ETS FEBRUARY 14

Clover Hill Home Demonstra- held its regular monthly on Tuesday, February 14, home of Mrs. W. H. Conner, rs. R. C. Conner serving as ess.

e were 20 members present.

The devotional was led by the president, after which a demonstration on the "Uses of Cereal in Cooking" was given by the leaders.

"Scotch Coffee Cake" in which oatmeal was the cereal used; "Prune Filled Bars," and "Cheese Biscuits" with meal and enriched flour, were made and sampled by the club members.

A brief business session was held at which the treasurer, Mrs. T. M. Richardson collected money for the County and Federation dues.

Mrs. B. G. Anderson announced a landscaping demonstration at the Court House on March 28, a leader training meeting led by Miss Alverson, of Blacksburg, on March 15, and the District III Federation Meeting at Farmville on April 25.

Mrs. Christine Whitehead, Federation Goal Leader, gave a very interesting talk on "Mental Illness" and also gave suggestions on eliminating traffic hazards. She said, among other things, that the traffic rule is "Never stop on any highway" yet our school buses are allowed to stop on the highway. How can we eliminate this?

Plans were made to have an all-day meeting in March with Mrs. John Tweedy and Mrs. Bill Smith.

Personals

Mr. Gene Torrence, who returned from the hospital last Wednesday, is improving, as his home here. His sister, Mrs. Hallie Morris, is spending this week with him.

Mr. and Mrs. Alfred Torrence and son, Al Jr., of Tazewell, visited his parents, Mr. and Mrs. D. E. Torrence last week.

Mrs. Russell Conner, Miss Mary Carrington Conner, Mrs. R. N. Ashworth, Miss Alice Ashworth, Mrs. Vernelle Mitchell and Miss Betty Mitchell attended a Y. W. A. Mother-Daughter Banquet at Liberty Baptist Church Monday evening, February 13th. The three young people mentioned, were among those honored on this occasion by receiving the Southside Y. W. A. Citation.

Mr. and Mrs. Leo Hemmer, who have been visiting Mr. and Mrs. F. W. Hanenkrat, left Thursday for Portsmouth to visit Mrs. Hemmer's daughter, Mrs. Arwilda Jones.

Deepest sympathy is extended to the family of Mr. Joe Covington, who died Monday at his home here.

Mr. W. H. Conner, who has been sick for the past two weeks, is slightly improved.

Sunday dinner guests of Mr. and Mrs. J. L. Turnes were Mr. and Mrs. Bennet Gilliam, of Farmville; Mr. and Mrs. Don Thornhill and Mrs. Thelma Conner, of Appomattox; Mr. and Mrs. Robert Coleman and Mrs. W. L. Turnes, of Vera.

Miss Virginia Day, of Lynchburg spent the week-end with her brother and sister-in-law, Mr. and Mrs. Emmet Day.

Mrs. T. H. Trent is reported feeling some better at Virginia Baptist Hospital.

Mr. Harry Carter, of Norfolk, spent the week-end with Mr. and Mrs. L. W. Carter.

ACREAGE MARKETING GUIDES FOR SPRING VEGETABLES

The truck grower who's pondering over what and how much to plant this spring will do well to study the 1956 acreage - marketing guides for spring vegetables.

L. B. Wilkins associate horticulturist at VPI, says the guides, compiled by the U. S. Department of Agriculture, will help growers make intelligent decisions.

Consumer demand for 1956 spring vegetables is likely to be somewhat stronger than in the spring of 1955. Current prospects may be up 2 or 3% and high marketing costs are likely to continue in 1956. Current prospects point to a continued rise in economic activity into the spring of next year, and favorable conditions in foreign countries will continue to bolster foreign markets for U. S. farm products.

Specifically:

Late spring snap beans come from California, North Carolina, Arkansas, and Virginia. The 1956 acreage guide is 13,900, the same as 1955. The expected lower yield will produce a crop less than the 1951-55 average.

Beets come from South Carolina, North Carolina and Virginia. The acreage guide for 1956 of 900 acres is the same as the 1955 acreage. Yields were down in 1955 because of freezing weather. Production in 1956 is expected to be 27% higher than last year.

The late spring cabbage crop comes from North Carolina, Virginia, Tennessee, Kentucky, Maryland Missouri and southeast Ohio. The 1956 acreage guide is 9200, an increase of 10% over the year before. This acreage with average yields is expected to result in a 14% increase in production over 1955.

The spring spinach crop comes from Washington, Virginia, Arkansas, Oklahoma, Missouri, Maryland, New Jersey, Pennsylvania, Illinois, Ohio, New York and Massachusetts. The acreage guide is 9,650, the same as in 1955. Lower yields are expected. Fresh spinach will continue to face strong competition from frozen spinach. The per capita consumption of fresh spinach is still about double that of frozen.

Subscription rate: $2.00 a year; payable in advance.

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LLEN JOAN COTTON WASH DRESSES .. $3.98
AROLINE MAID, DAN RIVER WASH DRESSES $5.95
ADIES HOSE — Seam and Seamless in plain and stretchies in Nylon for .... $1.00 to $1.95
ADIES COTTON SLIPS—Lace trim $1.00 to $1.98
ARINER BROS. LADIES BRAS .. $2.25 to $3.95
IRDLES ..... $1.98 to $14.98
TAR DUST BRAS ..... $1.00 to $1.39
ADIES SKIRTS ..... $1.98 to $4.98

BOY'S & MEN'S PINK SHIRTS WITH PINK CORDUROY SLACKS TO MATCH
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oy's Slacks $2.50 — Men's Slacks $2.75 to $2.98

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IF YOU WISH TO BECOME A NEWSDEALER SEE US.

Vera

Vera, Feb. 14.- "Let your conversation be without covetousness; and be content with such things as ye have, for he hath said I will never leave thee, nor forsake thee." Hebrews 13:5.

We have been blessed with fine rains and the farmers are busy plowing for another crop.

Visitors in the home of Mr. and Mrs. T. C. Harvey on Wednesday were Mrs. L. H. Watson and Miss Merle Reynolds and Gloria Reynolds.

Mr. and Mrs. T. C. Harvey and Harriette and Mrs. L. H. Watson visited in the home of Mr. and Mrs. Grover Beasley on Tuesday night.

We are sorry to hear that Mr. Reuben Bryant is sick. Do wish for him a speedy recovery.

Week-end visitors in the home of Mr. and Mrs. T. C. Harvey were Mr. and Mrs. Grover Beasley, Mr. Lewis Turnes, Mrs. Eva Hayden, Mr. and Mrs. L. H. Watson, Mrs. Willie Moses, Mrs. T. C. Harvey Jr. and T. C. III, and Mr. and Mrs. T. J. Harvey.

We were sorry to hear of the passing of Mrs. Sam Ferguson, and extend sympathy to her family.

Our community was saddened by the passing of Mr. Joe Covington. Our elder people are rapidly passing away. We extend sympathy to the family.

Local Student Is Graduate

Randolph Martin, son of Mr. and Mrs. R. B. Martin, of Route 4, is one of the 15 February graduates who will receive their diplomas with the rest of the Class of 1956 in the June Commencement ceremony of Lynchburg College. Martin majored in English for his B. A. degree.

NEWS FOR VETERANS

The average age of Uncle Sam's more than 22 million living veterans now is 38½ years. Veterans Administration said the extremes range from 109 for the oldest veteran to under 18 for the youngest.

The oldest veteran on VA rolls is Albert Woolson, of Duluth, Minn., the lone Union Army veteran of the Civil War who celebrated his 109th birthday on February 11, 1956.

The youngest group of veterans, those under 20 years who served during the Korean Conflict period, number 34,000. There were only 4,000 veterans who are 85 or over.

The largest group of veterans, mostly those of World War II, fall within the 30 to 34 age bracket. That group numbers approximately 5,158,000. The next largest group, approximately 4,081,000 is in the 35 to 39 age bracket.

FARM BUREAU HERE SETS UP DRIVE FOR MEMBERSHIP

A meeting was held here Monday night, to set up plans for a drive for increased membership in the local chapter of the Farm Bureau. The committees will report at a second meeting to be held soon. A feature of the effort will be emphasis on Farm Bureau insurance and its benefits.

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